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# Safrino life in balance



problems at work

arguments with loved ones

deadlines



alarming situations around the world

household chores

sedentary lifestyle

#### STRESS IS ALL AROUND US

Stress — the body's response to negative external phenomena.

In moderation, stress is not always a negative thing. To cope with a critical situation, the level of adrenaline in the body rises, activating thought processes and providing several short-term benefits.

However, chronic stress (regular and repeated episodes of stress) can exacerbate existing health problems and even cause new ones.

Over time, the effects of stress negatively affect the muscular, respiratory, cardiovascular, nervous, digestive, and reproductive systems.



#### WHAT COMES WITH STRESS?



#### Changes in mood

Anxiety, depression, and irritability



#### Digestive problems

The work of the GI tract and digestive function in general is directly linked to the nervous system and one's mental state



#### Trouble sleeping

About ⅓ of a person's life is spent either sleeping or trying to sleep



#### **Decreased libido**

This is seen in both men and women

## WOMEN EXPERIENCE STRESS MORE OFTEN



### Premenstrual syndrome

over 75% of women experience emotional changes during PMS\*

40%

#### Menopause

40% of women going through menopause experience symptoms of sexual dysfunction\*\*



#### SAFFRON – NATURAL AND SAFE SUPPORT FOR THE BODY DURING EPISODES OF STRESS\*

### An ancient remedy for serenity

To relieve symptoms of melancholy, ancient Persians covered their beds with saffron flowers, prepared baths infused with saffron, and performed other various spa treatments using the flower.

## An expensive natural ingredient

It takes at least 150,000 - 220,000 flowers to produce 1 kilogram of saffron spice.



#### WHY IS SAFFRON SO AMAZING?\*



increases serotonin levels (the "happiness hormone")



regulates the production of cortisol (cortisol levels are usually directly related to stress levels)



**SAFRINO** 

increases dopamine levels (a neurotransmitter related to pleasure)



helps maintain a normal heart rate during periods of stress

## SAFRINO — A COMPLETE ANTI-STRESS FORMULA

Saffron extract\*

helps maintain emotional stability during periods of stress



Myo-Inositol

gently supports the work of the nervous system



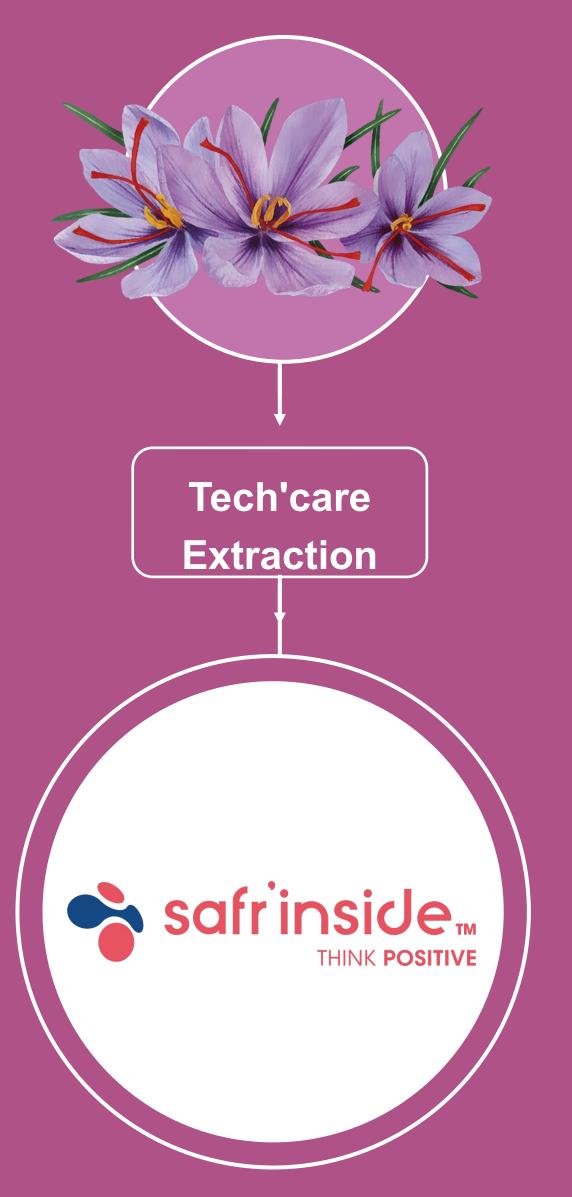




## SAFR'INSIDE<sup>TM</sup>— PREMIUM SAFFRON EXTRACT

The process of extraction takes place in France\* using the patented Tech'care Extraction™ process.

This technology produces the maximum amount of safromotivines (the active ingredient in saffron) and preserves their valuable properties.



Derived from high-quality Sargol saffron, which is rich in safromotivines.

The quality of each batch of saffron is strictly controlled.

This patented saffron extract has the highest concentration of the active ingredients that work to support emotional stability and balance.

#### SAFR'INSIDE™ HELPS COPE WITH STRESS



supports emotional balance and stability\*



improves the quality of sleep\*\*



eases the symptoms of PMS\*\*\*

#### PROVEN BY RESEARCH

#### Study #1\*:

Within 2 months of taking 30 mg daily of a standardized saffron extract, study participants showed significant improvements in mood and social relationships.

#### Study #2\*\*:

After 2 weeks of taking 30 mg of Safr'Inside™ extract, more than 77% of participants felt happier and more optimistic, about 70% of participants noted an improvement in their emotional state, and more than 2/3 of participants felt more relaxed and calm.

## SAFR'INSIDE™ WAS CREATED IN 2017 AND HAS BEEN RECOGNIZED IN EUROPE AND ASIA FOR ITS QUALITY

#### An award-winning remedy:





#### **Properties:**













#### SAFRINO'S FORMULA IS ENRICHED WITH MYO-INOSITOL\*



**Stimulates brain function** 



Improves concentration



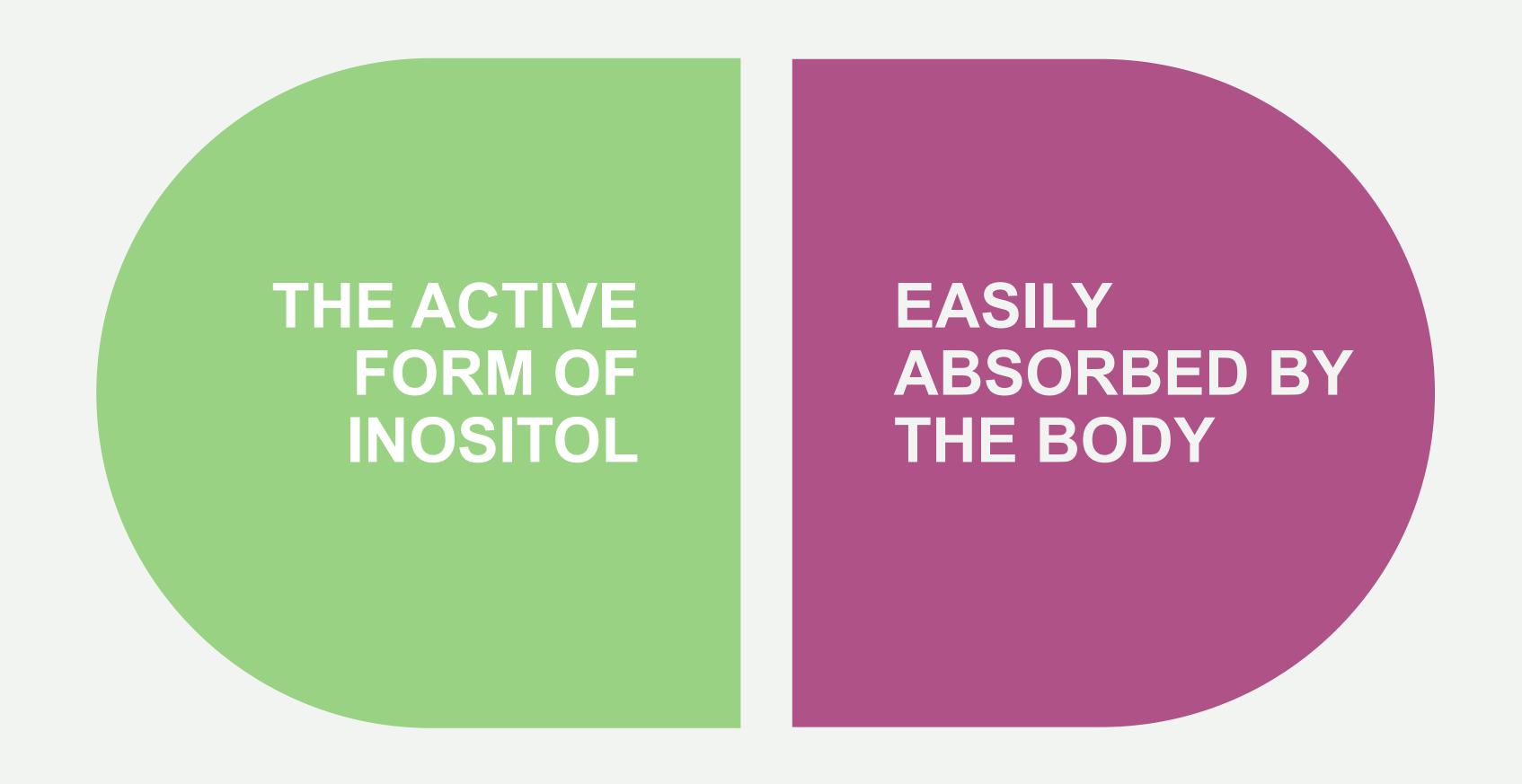
Helps reduce anxiety

and irritability



Improves the condition of skin and hair

#### MYO-INOSITOL



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## ACTIVE INGREDIENTS IN 1 CAPSULE OF SAFRINO:

Myo-Inositol 350 mg

Saffron (Crocus sativus L.) stigma
 30 mg

extract (Safr'Inside™)

2.3 mg

Zinc (as zinc oxide from capsule

Each pack contains 30 capsules for a 30-day supply



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#### SAFRINO CAN BRING RELIEF TO THOSE WHO:

are constantly under stress

often experience anxiety and are prone to depression

have trouble sleeping







#### SAFRINO

- Emotional stability and balance even in stressful situations
- Premium Saffron extract plus Myo-Inositol
- Safe, anti-stress formula derived from nature
- Proven effectivenessconfirmed by research



#### SAFRINO

**CODE 2184** 

**BONUS POINTS** 



**CLUB PRICE** 

**RETAIL PRICE** 



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