

Women's balance

The power of your nature



“Women’s Balance”: a specialised programme

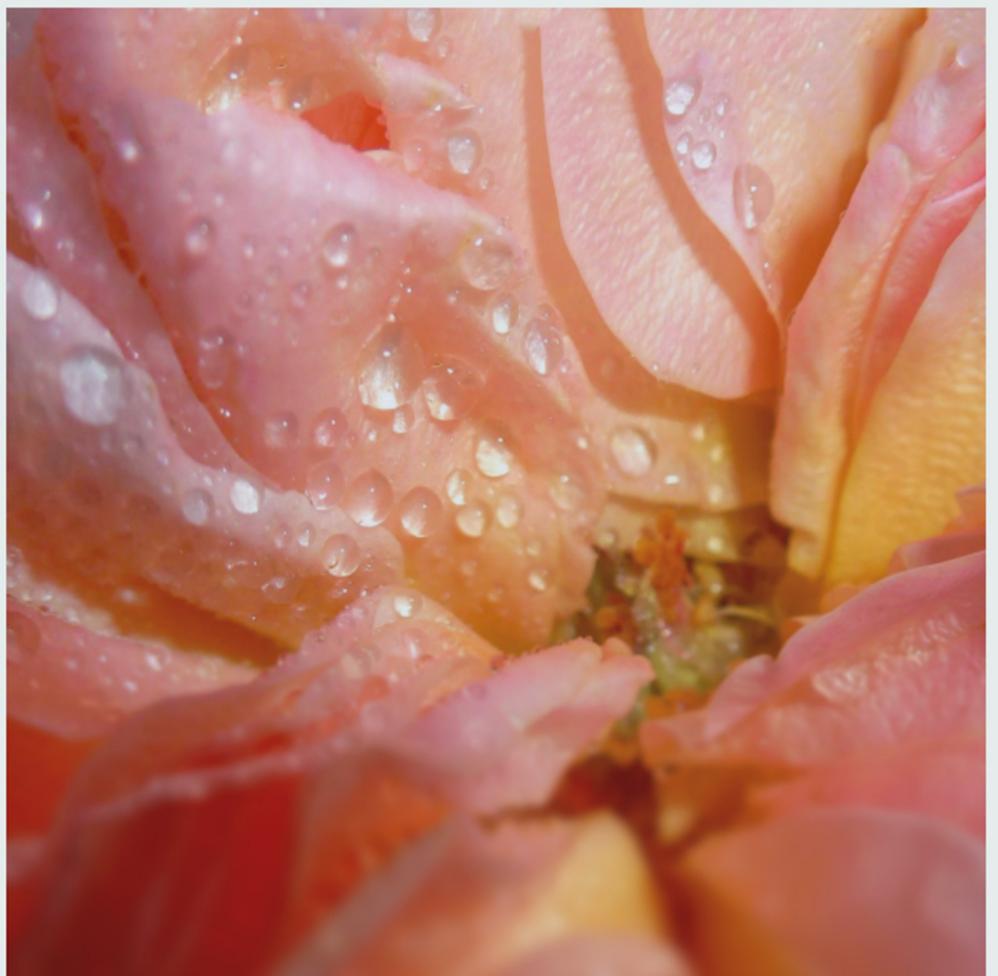
The power of your nature



A comprehensive approach to supporting women’s wellbeing



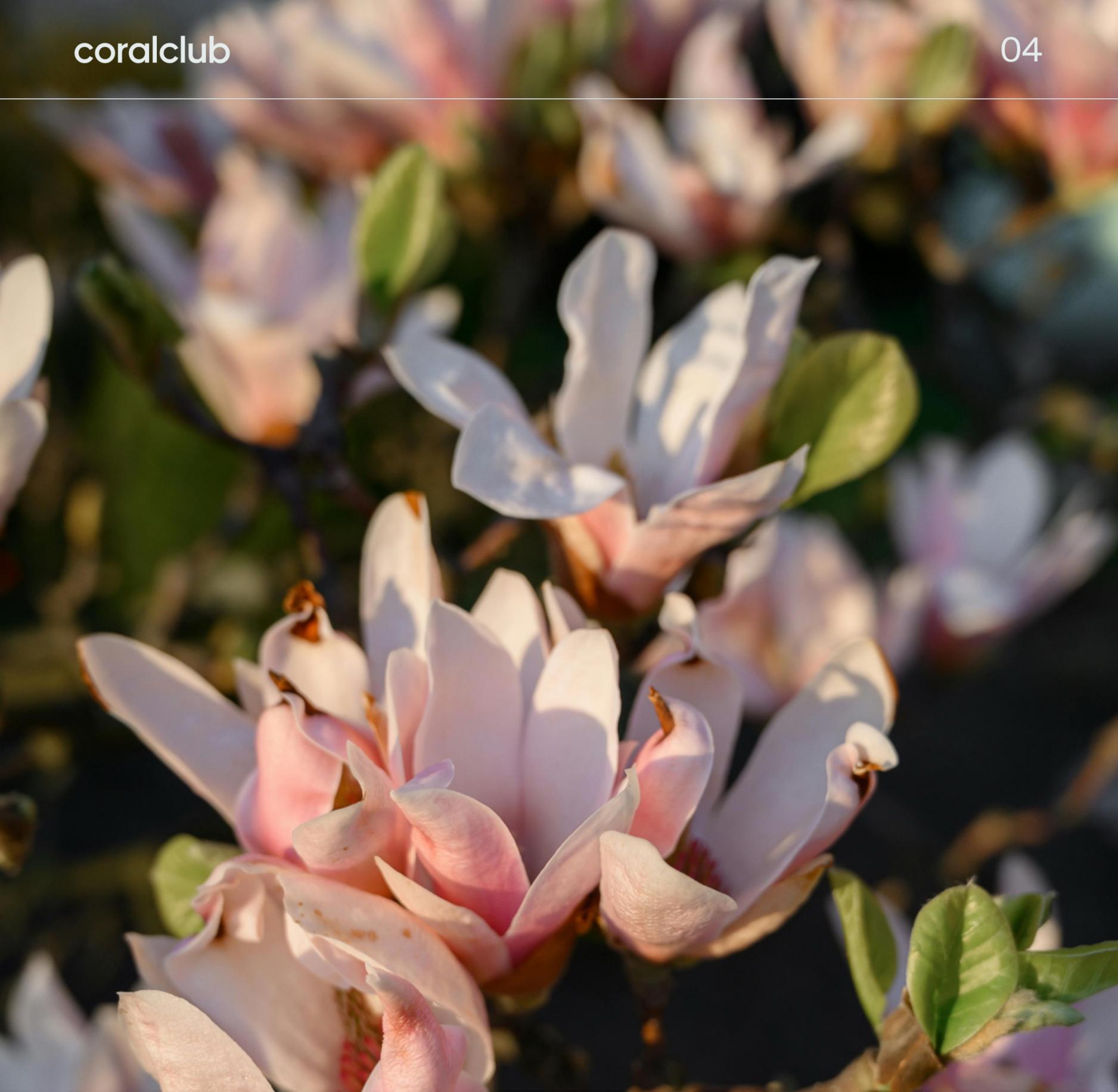
Five product synergies designed to support balance, energy, mood, and inner glow



Women's bodies follow a natural rhythm of change

A woman's body is a dynamic system that deserves attention, support, and a thoughtful approach at every stage of life.





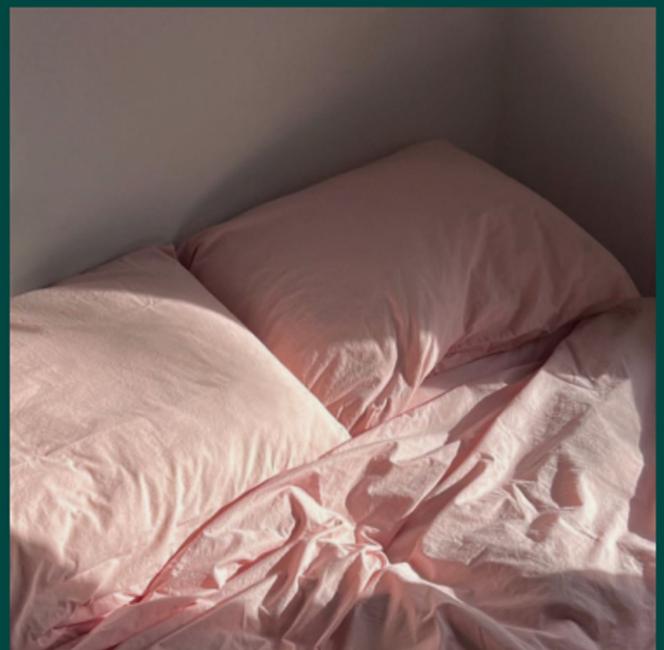
A woman's body responds to everything—from hormones to the pace of life

At different stages of life, hormonal changes can influence a woman's wellbeing. Stress, environmental factors, and an unbalanced diet may add to this burden.



Natural Changes Women May Notice at Different Life Stages

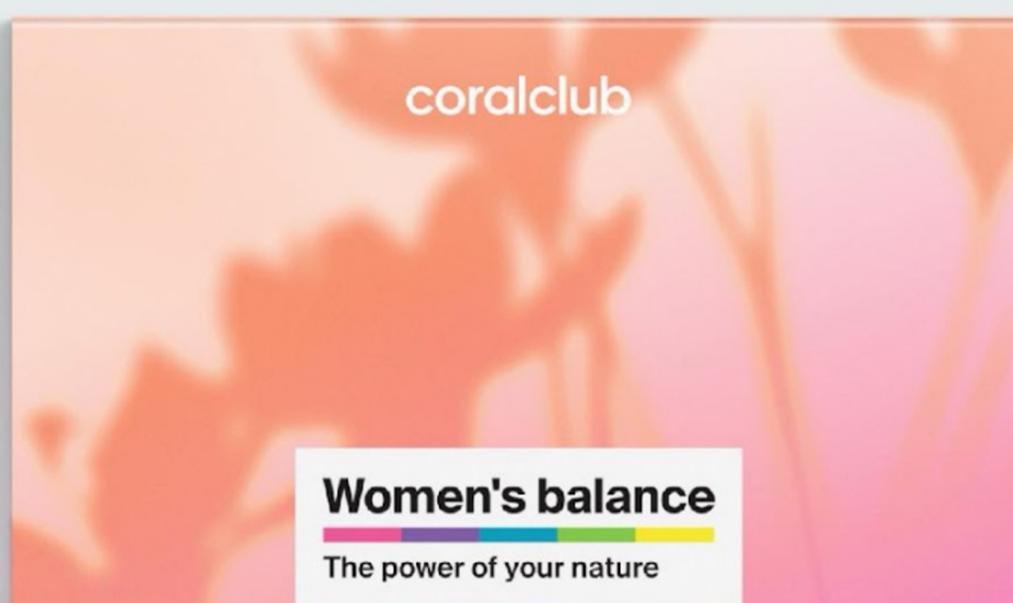
Changes may include:



- Occasional difficulty sleeping [1]
- Occasional fatigue [2]
- Periodic menstrual discomfort [3]
- General cardiovascular health considerations [4]

Harmony, beauty, and confidence

The Women's Balance programme offers a comprehensive approach to supporting women's wellbeing. It is designed to help support:



Supporting overall wellbeing throughout every stage of a woman's life



Maintaining emotional balance



Supporting healthy energy levels



Promoting restful sleep and vitality



The foundation of inner stability

The “Women’s Balance”
programme includes:



For mornings and evenings:

Protivity Ultra

Amino acid support for women's wellbeing:



Helps support the body's natural defences



Supports hormonal and metabolic balance



Provides nutrients for skin, hair, and nail health



For mornings:

Safrino

A formula for emotional comfort and balance:



Helps support a calm, balanced mood



Helps support emotional balance



Helps support healthy sleep patterns



Mornings and evenings:

O! Mega-3 TG

A bioavailable source of omega-3 fatty acids designed to support women's overall wellbeing:



Supports normal hormonal balance



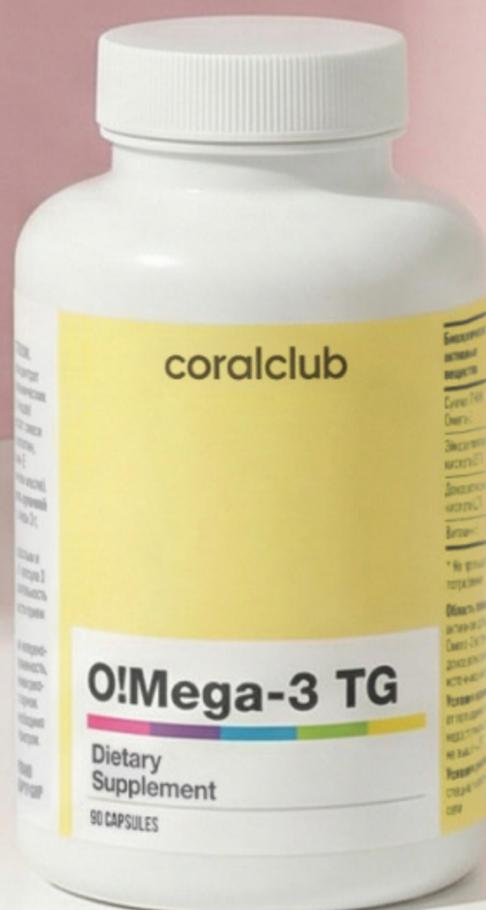
Supports comfort and wellbeing throughout the monthly cycle



Supports cardiovascular and nervous system function



Supports healthy skin, hair, and nails



Mornings

Coenzyme Q10

An important nutrient for women that helps support cellular energy metabolism, including:



Supports normal cellular energy production and vitality



Supports normal heart and blood vessel function



Supports reproductive and nervous system health



Supports skin vitality and a healthy-looking appearance



Mornings and evenings

Coral Magnesium

Designed to support relaxation and a sense of calm during times of stress, including:



Supporting restful sleep



Supporting emotional balance during hormonal changes



Supporting healthy muscle function



A synergy of ingredients supporting heart health



Omega-3 supports healthy cell membrane function, helping the body use nutrients effectively. Amino acids provide essential building blocks for skin and muscle health, while Coenzyme Q10 supports cellular energy production. Together, they help maintain healthy-looking skin, overall vitality, and beauty from within.

A synergy of ingredients supporting heart health



Omega-3 helps support healthy blood vessels and nutrient utilisation. Coenzyme Q10 supports cellular energy metabolism. Magnesium supports normal muscle and nervous system function. Together, these nutrients help support overall cardiovascular health.

A synergy of ingredients supporting emotional balance

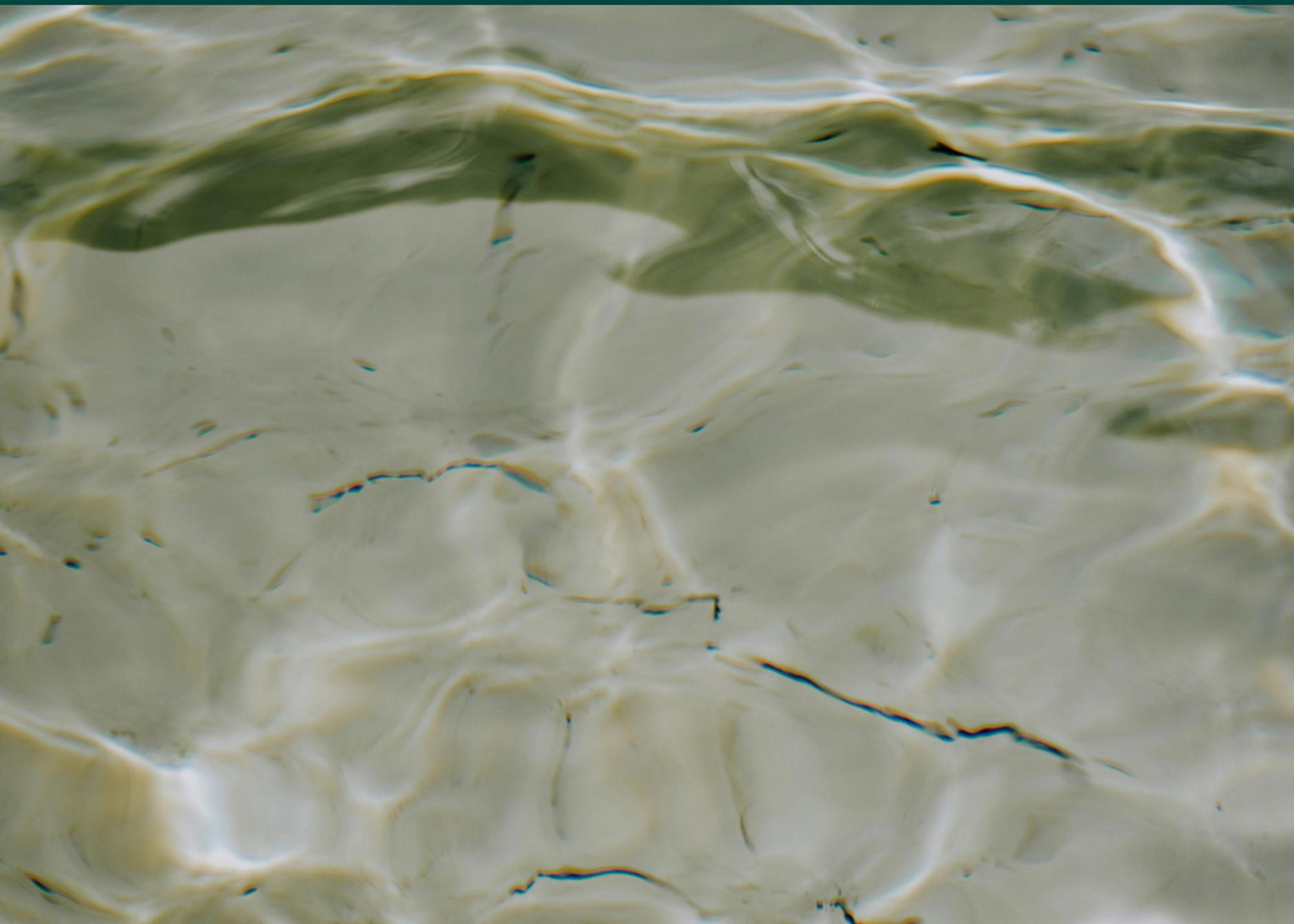


Safr'inside™ saffron extract supports a balanced mood and helps promote a positive outlook, while chelated magnesium supports relaxation and a healthy stress response. Together, they help support emotional wellbeing and restful sleep.

“Women’s Balance”: a specialised programme

Designed to support:

- The body’s natural response to hormonal changes
- Emotional balance
- Overall well-being throughout all stages of a woman’s life





When Women's Balance

May be especially relevant:



18–25 years old

When women adjust to a new routine—school, work, and emotional stress

26–35 years old

When women are deeply focused on career and personal fulfilment, and it is important not to lose sight of oneself

36–45 years old

When recovery, stability, and smart energy management become more important

46+ years old

During natural life transitions that call for extra attention to wellbeing



Scientific References



- [1] Nowakowski S., Meers J., Heimbach E. Sleep and women's health //Sleep medicine research. - 2013. - Vol. 4. - No. 1. - P. 1.
- [2] Autler A. S. et al. Sympathetic reactivity to emotional stress in women with major depressive disorder //Autonomic Neuroscience. - 2025. - T. 259. - P. 103257.
- [3] Chu B. et al. Physiology, stress reaction //StatPearls [Internet]. - StatPearls Publishing, 2024.
- [4] Ebong I. A. et al. The role of psychosocial stress on cardiovascular disease in women: JACC State-of-the-Art Review // Journal of the American College of Cardiology. - 2024. - T. 84. - No. 3. - pp. 298-314.